

FITNESS FOR THE PEOPLE™



## FITNESS FOR THE PEOPLE™

HOGGAN Sprint is comprised of two complete lines of innovative fitness stations – HOGGAN Sprint Cardio and HOGGAN Sprint Circuit. Each station is designed to be simple to use, fun and highly effective for beginners, intermediate trainers and skilled athletes. HOGGAN Sprint comfortably accommodates all types and sizes of people, providing an opportunity for children, teenagers, adults, and active aging adults alike to enjoy the benefits of fitness.

## HOGGAN SPRINT CARDIO

HOGGAN Sprint Cardio includes eight individual and unique cardiovascular stations designed for maximum durability, dependability and performance.



### CARDIO EQUIPMENT



#### AIRBOUNDER

- Provides the benefits of rebounding and jumping without the negative impact on joints and spine
  - Designed for ease and safety with a large jumping platform, accessible handlebars for balance, and adjustable resistance levels
- ... Model: AB400



#### UPPER BODY ERGOMETER-ADA

- ADA Compliant – Wheelchair accessible and fully adjustable
- Adjustments allow for seated, standing or overhead positioning. Bi-directional function ... Model: UBE174



#### RECURBENT CYCLE

- Safe and Accessible Walk-Thru design
- Large and comfortable seat ... Model: RC700



#### ELLIPTICAL

- Magnatech™ resistance technology for a quiet and frictionless training interface
- Front drive design allows users an uncomplicated entry and exit from the machine while minimizing floor space requirements... Model: CT500



#### UPPER BODY ERGOMETER-FITNESS

- Ideal for fitness and circuit training environments
- Fully adjustable seat and handles
- Bi-directional function...Model: TE173



#### CLIMBER

- Features an easy to use and effective dependent stepping motion...Model: CL185



#### UPRIGHT CYCLE

- Safe and Accessible Walk-Thru design
- Adjustable seat and handlebars facilitate upright or racing workout positions  
...Model: UC155

#### RUNNER

- Human Powered™ technology provides superior training efficiency and a functional "real-world" exercise
- Features a floating deck that reduces impact and stress on hips, knees, ankles and feet  
...Model: RN191



## EXTREME DURABILITY

HOGGAN Sprint Cardio utilizes HOGGAN's sophisticated HUMAN POWERED™ technology, virtually eliminating the high maintenance and repair costs inherent with typical cardio machines. HOGGAN Sprint Cardio equipment is designed to endure the most torturous institutional environments. HOGGAN stands behind each product with a lifetime of customer support and a comprehensive warranty.

## SIMPLICITY

All HOGGAN Sprint Cardio stations comfortably accommodate all types and sizes of people. With no complex or confusing programs to decipher, HOGGAN Sprint Cardio is safe and simple to use by children, teenagers, adults and active aging adults.

## CARDIO STATIONS IN CIRCUIT TRAINING

All HOGGAN Sprint stations are designed for easy entry and are devoid of unnecessary and complicated programs – **JUST GET ON AND GO!** This unique feature allows the cardio stations to be easily implemented within a circuit workout, making HOGGAN Sprint Cardio an affordable and exciting decision when adding cardio stations to any circuit.

## A COMPLETE WELLNESS SOLUTION

HOGGAN Sprint Circuit is leading the resistance training industry with its innovation, design and usability. With a proprietary resistance system and easy to use design, HOGGAN Sprint Circuit appeals to a wide-range of users and is equally rewarding for people of all ages.

## HOGGAN SPRINT CIRCUIT



HOGGAN Sprint Circuit includes seven multi-functional training stations, each focusing on a different area of the body. When used as a complete training program, HOGGAN Sprint Circuit provides a quick, uncomplicated, fun and effective total-body workout.



SHOULDER PRESS & LAT PULL



LEG EXTENSION & CURL



CHEST PRESS & ROW

### SUPPORT

The HOGGAN Sprint ownership experience is second to none. From project consultation, installation, comprehensive training and support through the life of the product, HOGGAN's professional team of consultants strive to lead the industry with their service and expertise.

### PROPRIETARY MAGNATECH™ RESISTANCE

HOGGAN Sprint Circuit features HOGGAN's proprietary Magnatech™ resistance system. This evolutionary technology, which utilizes magnetic resistance, provides a smooth and natural "liquid-like" feel and renders primitive weight stack and hydraulic cylinder systems extinct.

### EXTREME DURABILITY

Like all HOGGAN products, HOGGAN Sprint Circuit is designed for continuous, heavy-duty commercial use. HOGGAN stands behind each product with a lifetime of customer support and a comprehensive warranty.



CORE TRAINING STATION



BICEPS CURL & TRICEPS PRESS



TOTAL LEG PRESS



AB FLEXION & BACK EXTENSION

## SIMPLICITY

HOGGAN Sprint Circuit is designed with the user in mind by maximizing the ease of use of each station. There are no pad or lever adjustments to confuse users or slow training, and by eliminating clumsy weight stacks and primitive hydraulic cylinders, the intimidation created by typical equipment is removed.

## OPTIONAL ELECTRONIC FEEDBACK SYSTEM

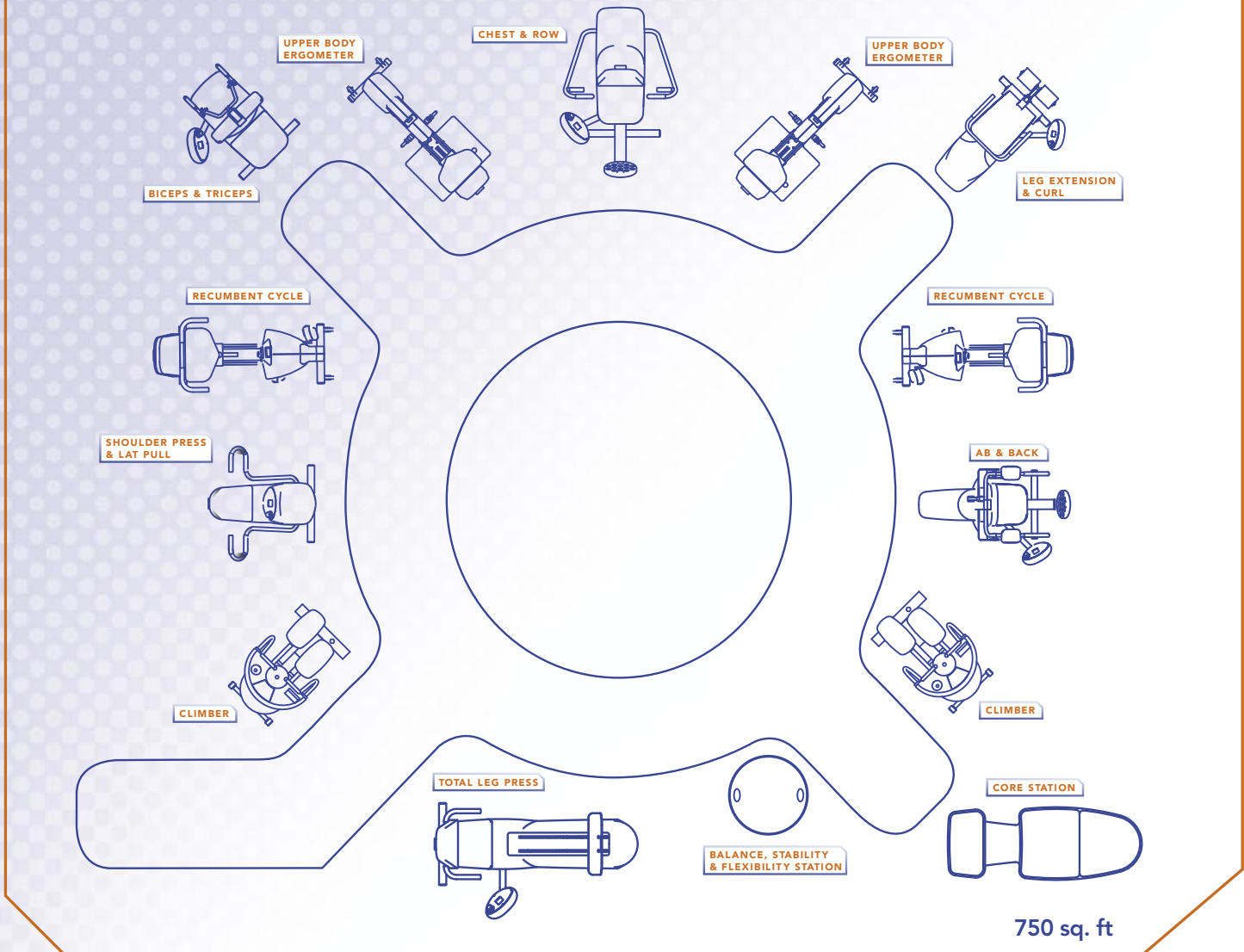
Clients have the option of adding an electronic software feedback system to the HOGGAN Sprint Circuit equipment, which provides easy to understand biometric feedback. The system tracks total repetitions, time per rep and heart rate (bpm), using telemetric (wireless) heart rate technology.

## MADE IN THE U.S.A.

Each HOGGAN Sprint station is entirely designed, manufactured and assembled in the United States of America by HOGGAN Health Industries, Inc.



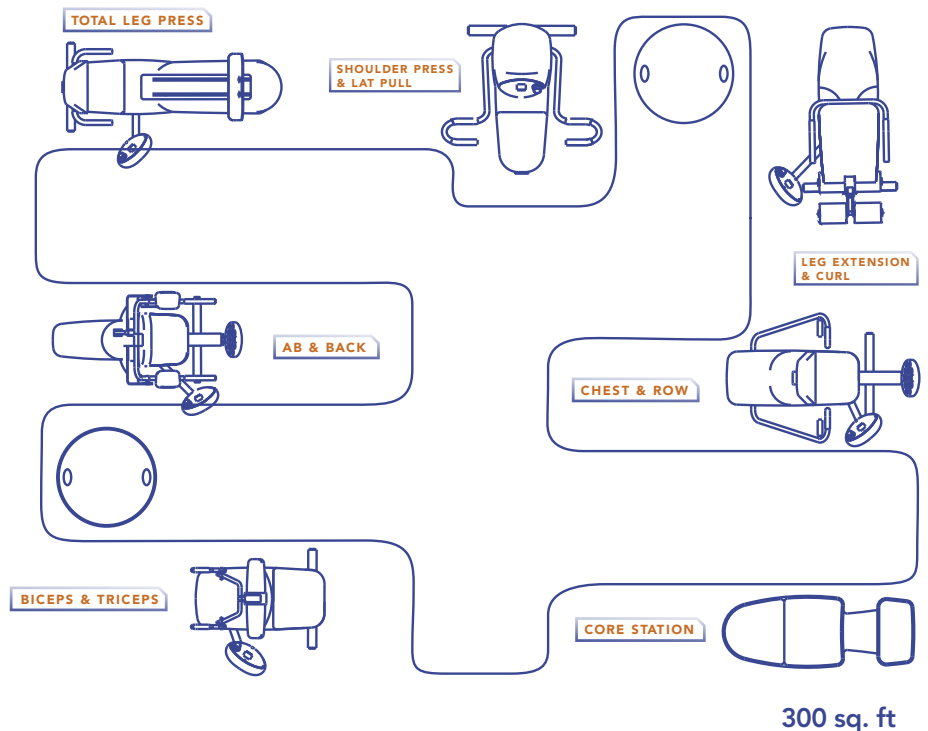
# THE TOTAL BODY WORKOUT



## The HOGGAN Sprint Wellness Solution

Perfectly combines cardiovascular and resistance training stations in a space efficient and complete package.

HOGGAN prides itself on consulting with each client to develop Wellness Solution packages specifically for their application, and with eight cardio stations and seven circuit stations available, a HOGGAN Sprint wellness solution can be designed to fit any size space.



## **HOGGAN HEALTH INDUSTRIES, INC.**

HOGGAN Health Industries, Inc. was founded in 1961 by expert machinist and inventor, B. Dean Hoggan. From its humble beginnings in Dean's Salt Lake City facility, HOGGAN has evolved into a worldwide organization in the fitness, wellness and medical industries. Established on Dean's simple philosophy – "Integrity is everything" – HOGGAN is now in its third generation of business, and continues to provide unparalleled products and service.

With more than 40 years of revolutionary design, engineering and expertise, HOGGAN Health manufactures and markets commercial wellness equipment, along with medical and diagnostic tools. Today, its product offering is sold under the brands of HOGGAN Sprint Cardiovascular and Circuit lines of training equipment and HOGGAN Medical diagnostic tools. This industry renowned product offering can be found in countless wellness centers, medical centers, corporations and universities worldwide. HOGGAN strives to lead the way with their innovations, designs and manufacturing expertise.

# **HOGGAN**

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